

Trainee Occupational Health Course

This course is aimed at registered healthcare professionals looking to start their career in OH. After you successfully graduate from the foundation course, we will confirm your permanent contract as a Trainee OH Advisor.

Our experienced clinical trainers will support you during this 12-week course. Although delivered remotely, we create a support network and community for you to learn with and from. The course includes a combination of self-led study, group workshops, role play, shadowing clinics and carrying out live cases. To support your development, we monitor your progress through audit and competency checks. This will allow us to give you constructive feedback which we encourage you to reflect on. As the role includes remote working from home, a level of IT literacy and stable internet access is required. You will be provided with the IT equipment needed to access the training and carry out your new role. The service we provide includes providing our findings and advice to our customers in a written report. Therefore, a good standard of written English is needed for this role. Our course is designed to be inclusive and to allow you time to review the content at your own pace.

Course Outline

A new course starts every 8 weeks.

Weeks 1 – 4

Full time attendance is required throughout the first 4 weeks

The aim of the course is for you to develop the knowledge and skills needed to carry out a management referral.

The topics covered include:

- An introduction to Occupational health and why work is the desired outcome
- The impact of health on work and work on health
- Sickness Absence Management
- Job demands and workplace risk
- Clinical governance
- Behaviour change
- Understanding disability as defined by the Equality Act

- Advising on reasonable adjustments and fitness for work
- Report writing skills
- Common musculoskeletal and mental health condition

Weeks 5 – 12

Working your contracted hours full or part time

With support from your mentor, you will start taking live calls. Beginning slowly with 1-2 cases a day, and gradually increasing the number of cases as your confidence grows. There will be regular study sessions during this section of the course, helping build your knowledge and competence.



Feedback from previous students:

“I found the training amazing.”

“Well-structured from theory to practice to reflection.”

“The mentors have been fantastic. They all have excellent knowledge and experience.”

All of whom are thriving in PAM OH and looking forward to commencing an OH postgraduate qualification.

**To apply for a vacancy
send your CV to:**

Recruitment@pamgroup.co.uk

 www.pamgroup.com

