



We're **hiring!**

Join our team



**Health and
Wellbeing Advisor**

Overview

Health and Wellbeing Advisor

Locations:- Aylesbury Supporting clinic in Brackley, Bicester and Chipping Warden

Up to £28,000 plus Excellent Company Benefits, car allowance, milage and pension

Full Time 3 year fixed Terms Contract

Role

A fantastic opportunity has arisen within PAM Occupational Health Solutions for a Health focused Wellbeing Advisor to join our team, and to continue the delivery of high quality services to one of our major infrastructure clients across multiple sites including Aylesbury, Milton Keynes and Southam. The role will consist of onsite work delivering health promotional activity work as a part of an onsite Occupational Health team working with a wider OH team to which this role will be part of, includes OH Advisers, OH Nurses, OH Physician, Physiotherapists, Occupational Hygienists and the Wellbeing Adviser

There has never been a more important time to work in health and wellbeing and here at PAM we know the importance of looking after our people as well as our clients employees. This is a unique opportunity to be part of a team where we and our client take a holistic view of employee health & wellbeing. PAM appreciates the need to ongoing training & development and have ensured that the role incorporates such activities on a regular basis.

Key Responsibilities

- Providing and delivering health promotional activity including health events, drop-in clinics, presentations, workshops
- Delivery of PAM Wellness clinical programmes – based on lifestyle behaviour change coaching and building resilience
- Ensuring that work is underpinned by sound, up-to-date knowledge of health promotion theory and make sure that projects are based on evidence of effectiveness
- Delivery of health promotion campaigns, initiatives and programmes and ability to show measurable benefits / outcomes
- Providing training in health-related areas
- Develop and provide supporting materials and information relating to any health promotion activity
- Developing effective relations with key contacts within clients
- Work effectively as part of a multidisciplinary team within the PAM team

Your continuing professional development is really important to us, our in-house PAM Academy provides opportunities to learn and grow and we have a strong track record of investing in a wide range of qualifications and education programmes to help you further your career with us.

If you're looking for your next career move and are wanting to work with a rewarding company, please get in touch with our Recruitment department for a confidential chat about joining the PAM Team. Recruitment@pamgroup.co.uk

About You

- ❖ Knowledge of evidence-based nutrition, exercise, physical activity, sleep health, stress management and resilience, smoking cessation principles and other areas relating to health improvement
- ❖ Understanding and application of underlying principles of behaviour change and motivational interviewing, including coaching individuals to improvements in health behaviours.
- ❖ Experience working with other health practitioners (Occupational Health, Psychologists, Physiotherapists, Doctors)
- ❖ You must have a valid driver's license and own car with appropriate insurance
- ❖ You must be flexible to travel

Our Values

At PAM we are passionate about people and delivering our Everyday Things That Matter Values and Behaviours to our customers and our colleagues. Our cultural philosophy is based on putting our people first, creating high performing teams who deliver great services for our clients. We're looking for driven and ambitious professionals to join our team, who are just as passionate about our philosophy and values as we are:

- ❖ Hard Work & Enthusiasm
- ❖ Teamwork & Friendship
- ❖ Loyalty & Improvement

Employee Benefits

- ❖ We pay your auto-enrolment pension contribution
- ❖ You will have a life insurance scheme valued at 4 x your annual salary
- ❖ 33 days annual leave including bank holidays
- ❖ Health Cash Plan Scheme, which covers you for things like Opticians, Dental Treatment and even Physio if needed!
- ❖ Flexible Working Hours
- ❖ Access to a 24/7 EAP Counselling line
- ❖ 24/7 GP support line
- ❖ Amazing discounts on things like food and drink, retail and days out, all through our rewards scheme.
- ❖ As a nurse we'll also pay for your NMC registration and support you with your revalidation and CPD.
- ❖ Support with Training and Development

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